1. Assignment: Absolute Values

For $a \in \mathbb{R}$ the *positive part* is defined by

$$a^+ := \frac{|a|+a}{2}$$

and the *negative part* by

$$a^- := \frac{|a| - a}{2}$$

- a) Prove that $a = a^{+} a^{-}$ and $|a| = a^{+} + a^{-}$.
- b) Prove that

$$a^{+} = \begin{cases} a & a \ge 0\\ 0 & a \le 0 \end{cases} \quad \text{and} \quad a^{-} = \begin{cases} 0 & a \ge 0\\ -a & a \le 0 \end{cases}$$