1. Assignment: Absolute Values

For $a \in \mathbb{R}$ the *positive part* is defined by

$$a^+ := \frac{|a| + a}{2}$$

and the negative part by

$$a^- := \frac{|a| - a}{2}$$

- a) Prove that $a = a^+ a^-$ and $|a| = a^+ + a^-$.
- b) Prove that

$$a^+ = \begin{cases} a & a \ge 0 \\ 0 & a \le 0 \end{cases}$$
 and $a^- = \begin{cases} 0 & a \ge 0 \\ -a & a \le 0 \end{cases}$