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Recall that a function f is:

- even if f(-x) = f(x)
- odd if f(-x) = -f(x)

The following theorem is often useful in evaluating integrals of even and odd functions:

Suppose *f* is continuous on the interval [-a, a]. Then:

$$\int_{-a}^{a} f(x)dx = 2 \int_{0}^{a} f(x)dx \text{ if } f \text{ is even}$$
$$\int_{-a}^{a} f(x)dx = 0 \text{ if } f \text{ is odd}$$

Example: For any odd positive integer k, $f(x) = x^k$ is an odd function, so for any positive real number a and positive odd integer k,

$$\int_{-a}^{a} x^k \, dx = 0$$

Example: Evaluate:

$$\int_{-\pi}^{\pi} \frac{\sin x}{2+x^2} \, dx$$

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Substitute -x for x in the above expression, we get

$$\frac{\sin(-x)}{2+(-x)^2} = \frac{-\sin x}{2+x^2} = -\frac{\sin x}{2+x^2}$$

so the function is odd and the integral is zero.

Example: For any even positive integer k, $f(x) = x^k$ is an even function, so for any positive real number a and positive even integer k,

$$\int_{-a}^{a} x^k \, dx = 2 \int_{0}^{a} x^k$$